



ASSOCIATION OF
COEDUCATIONAL SCHOOLS
**MEMBERSHIP
INFORMATION**





ACS MEMBER SCHOOLS:

Loyola College

Overnewton Anglican Community College

St Aloysius College

St Leonard's College

St Michael's Grammar School Westbourne

Grammar School





ASSOCIATION OF COEDUCATIONAL SCHOOLS (ACS)

ACS was formed in 1998 with five founding member schools that are coeducational and shared similar philosophies and a commitment to sport with a set of founding principles that met their collective needs. These shared beliefs, commitment to sport and co-curricular events continue to drive the ACS today as demonstrated in our values.

VALUES STATEMENT

Every school activity is an educational experience. The ACS values striving for excellence, teaching teamwork, developing qualities of fair play, courage, graciousness and resilience. Representing your school with pride by producing your best possible performance whilst respecting everyone's right for positive learning beyond the classroom experiences. Respect for officials, opponents, teammates, coaches and venues underpins all that ACS stands for.

THE BENEFITS OF THE ACS ARE:

- A broad based sports program for all year levels is played during the week which enables a balanced lifestyle for our students and allows for family time and participation in community sport on weekends.
- Provides a large scale program maximising student participation.
- A supportive and adaptive sports program that caters for the needs of students who wish to play at a highly competitive level or for those who enjoy a more social level of competition.
- Student engagement forms the basis for all competitions and events.
- Cocurricular competitions for public speaking and chess have high participation rates.
- ACS is inclusive and caters to diverse student interests and strengths by offering 13 weekly sports, played midweek, across summer and winter seasons, including mixed sports to foster strong interpersonal skills.
- ACS understands the vital role coaches, umpires and officials play in the development and enjoyment of sport for our students. The ACS and our key stakeholders work together to ensure all understand and share the same goals and values.
- An awards program that recognises the achievements of students from all member schools.

“Representing St Aloysius for the first time in ACS has been an amazing experience. I have made great connections with people from my school and other schools. I have enjoyed playing in weekly matches and have learnt about new sports. Participating in ACS has been a terrific experience and has helped me grow so much.”

– Annie-Rose (Year 7)
New ACS MEMBER SCHOOL
St Aloysius for 2022



BENEFITS AND VALUE OF SCHOOL SPORT

It's helpful to recognise and understand the benefits of regular sport which includes; physical fitness and emotional wellbeing, a sense of belonging and inclusion, friendship, leadership roles and responsibilities, fostering strong interpersonal skills, learning how to be a valued member of a team and respect for each other, skill development, building a social network based on common interests outside the classroom and a pathway for the fulfilment of personal potential. There is much evidence for positive academic outcomes for students who participate in regular sport or physical activity.



"It's a great opportunity to pursue our sporting passions in our sports as well as being with our friends and further our own skills, determinations and motivations to become a better version of ourselves."

– Caden
Loyola College
Six time winner ACS Cross
Country

THE ACS IS DEDICATED TO THE PRINCIPLES OF COEDUCATION ENHANCING OUR COMMITMENT TO SPORT



SPORTS SUMMARIES

ACS Sport is played Tuesday, Wednesday and Thursday during school terms 1 - 4. Member schools aim to enter the number of teams listed in the tables on the following page. These numbers are a guide with the intention to field first level teams in each sport, in senior and intermediate levels. There is an opportunity for schools to enter additional teams in the second levels of each sport according to student preferences and maximise participation within their present structures.

There are two seasons of sport; summer and winter, each with 10 rounds of sport plus a grand final, except Seniors in summer play 5 rounds plus a grand final.

SUMMER:

Years 7 and Intermediate: play 10 rounds across terms 1 and 4 plus the grand final
Seniors: play 5 rounds in term 1 plus the grand final

WINTER:

All Year levels play 10 rounds plus the grand final in terms 2 and 3

- Tuesday – Year 7
- Wednesday – Seniors (Years 10 - 12)
- Thursday – Intermediate (Years 8- 9)

Number of rounds in the home and away season is dependent on number of teams entered.

Match Times: 2.30pm (or as per specific sports rules eg. Cricket – 2.00 pm).
Matches finishing at approximately 4.00pm means that staff and students would return to school between 4.15 – 5.30pm (later for cricket) depending where the matches are played.

Premier teams have the opportunity to represent ACS and their school at All Schools events such as the Herald Sun Shield for Senior Boys and Girls, Melbourne City's Football (Soccer) Tournament, Cricket Victoria's Premier Teams competition, Basketball Victoria's Premier schools' events, Golf and any other All Schools events supported by state or national sporting bodies.

"I love being able to develop my sports skills while competing against other schools. There's always positive energy and good vibes where everyone encourages each other."

-Bella
Westbourne
Gramer School





SPORTS CHAMPIONSHIPS

The ACS offers three major championships; athletics, swimming and cross country. Each carnival has its own unique quality which evokes a strong sense of community and camaraderie amongst students from different schools. These events are highly anticipated by our students who undertake dedicated training and skill development programs to achieve their best results and represent their schools with pride. We also have our annual chess tournament and public speaking event which are always a highlight on the ACS calendar.

Swimming:

Held in Term 1 usually on the Tuesday after the Labour Day long weekend at the Melbourne Sports and Aquatic Centre. Swimmers compete in 116 events in individual and relay events.

Athletics:

Held mid Term 2 around the end of May at Lakeside Stadium. The program consists of 168 events.

Cross Country:

Held in Term 3 on a Friday in late August from at Bundoora Park. Schools may enter as many competitors as they wish.





The Hall of Fame recognises the outstanding achievements of current and former students.

AWARDS

The ACS All Stars recognises the best senior players from all member schools in all sports played at ACS. Through a nomination process the best players from across the senior competition are selected as “All Stars” and are presented with their awards at the ACS All Stars Presentations held annually and hosted by schools on a rotational basis.

The ACS participates in awarding the Landy Awards which recognises demonstrated exceptional/outstanding acts of sportsmanship during and out of competition, acts of fair play during competition and acts of cooperation, courtesy and respect to officials and opposing players.



CHESS AND PUBLIC SPEAKING EVENTS:

Chess and public speaking are very popular annual events. Chess is held in either week 5 or 6 of term 2 and public speaking is held in term 3 around week 6 or 7 in the evening.